



GET THE RIGHT CARE

Doctor on Demand	Primary Care	Urgent Care	Emergency Room
			
Best For: • Colds & Flu • Pink Eye • Allergies • Minor Rashes • UTI	Best For: • Annual Physicals • Ongoing medical conditions • Med refills	Best For: • Sprains, strains or fractures • Stitches • Ear infections • UTIs • Sore throat • x-rays at some locations	Best For: • Chest pain • Difficulty breathing • Stroke symptoms • Head injuries • Severe burns • Seizures
\$0	\$ Lower Cost Coordinates Care	\$\$ Same Day Care	\$\$\$ Reserved for Medical Emergencies



Need help deciding?

TEAM can help
www.startwithteam.com

Call TEAM Today:
(800) 634-7710

TEAM can help with:

- Finding you in-network providers
- Care coordination
- Education, support, & more

Helpful Resources



**Telehealth:
Doctor on
Demand**
(800) 997-6196

BCBS
Access Claims
Find In-Network Care
(651) 662-8000

Wilson-McShane
Benefit or Claims
Questions
(952) 854-0795